

Paakhi Annual Report 2018-19

"Empower women, empower the human community. The base on which the world stands is a woman." - Hafez Ibrahim

A college's Women Empowerment Cell is essential for nurturing gender equality, providing assistance, increasing awareness, and averting harassment. It facilitates skill enhancement, offers career direction, and fosters self-assurance, enabling female students to emerge as future leaders and actively contribute to a fairer society and campus environment. With this vision, Paakhi was inaugurated on 16th February 2018. Ever since then, it has been working tirelessly to achieve every possible feat for women in Sri Aurobindo College.



The session 2018-19 was extremely happening with multiple events and seminars aimed at educating and uplifting women from all sections of society. The list of the events conducted in the session is as follows:

- **Sign Campaign**

A voice is a fundamental aspect of human identity, enabling participation in democracy, advocacy for rights, and the ability to stand up against injustice. It empowers individuals to assert their needs and contribute to collective progress, promoting open dialogue, diversity, and inclusivity. The Sign Campaign was organized on August 8, 2018. Teachers and students participated with great zeal and enthusiasm in this event to make it such a huge success. Collaborative teamwork harnesses a range of skills and resources to collectively address

challenges, leading to substantial and lasting change by tapping into the combined knowledge and strengths of the group. And it was achieved through this campaign.



- **Self Defense Workshops**

Self-defense for women is vital for personal safety, empowerment, and deterring potential threats. It fosters independence, mental resilience, and life skills while contributing to gender equality and community safety. Equipping women with the means to protect themselves is essential for their well-being and broader societal security. Paakhi organized self-defense workshops by Delhi Police from 1st to 10th November 2018 to teach college girls the basic skill of defending themselves against the perils of society. It was a grand success as the students showcased their combat skills on the last day of the workshop.



- **Panel Discussion**

Sharing lessons is crucial for knowledge transfer, accelerated learning, problem-solving, and collaboration. It empowers individuals, promotes continuous improvement, and drives organizational growth. This practice not only benefits individuals but also contributes to a culture of learning and innovation, enhancing personal and collective development. On 19th October 2018 Paakhi held a panel

discussion to share the important lessons of life. Mr. Kundan Yadav (Joint Commissioner Income Tax), Mrs. Sujata Mandok (Journalist and activist), Mrs. Sonali Shah (Lawyer), and Mrs. Vijayanta Arya (IPS) were the four eminent personalities to have graced this event.



- **Beti 3.0**

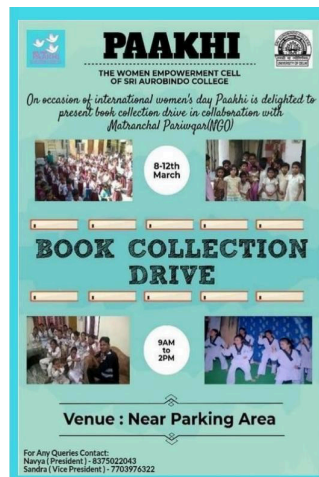
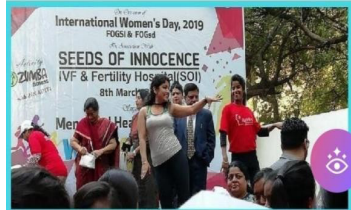
24th January 2019 saw the National Girl Child Day celebration as Beti 3.0 organized by the Rotaract Society of Sri Aurobindo College at Vishwavidyalaya Metro Station and Paakhi was its proud participating partner. A girl child represents potential and empowerment, contributing to a balanced workforce, economic growth, and social harmony. Educating and nurturing girls ensures a brighter future with equal opportunities, breaking gender barriers, and fostering a more inclusive and equitable society. Paakhi worked to make society aware of the same.



- **International Women's Day**

International Women's Day, celebrated on March 8th, honors women's achievements and the ongoing struggle for gender equality. It raises awareness about women's rights, gender discrimination, and violence against women. It encourages gender parity, and female empowerment, and highlights the pivotal role women play in society, politics, and the economy. Paakhi, on this very occasion on 9th March 2019 collaborated with the Seeds of Innocence IVF, Maternity Hospital organized 'Walkathon' for the awareness of menstrual hygiene. It was followed by Zumba and a rally where everyone came together to chant slogans empowering women.

Paakhi also organized ‘**Mann ki Baat**’ where women could share their stories anonymously and ‘**Collection Drive**’ to collect old NCERT books for Matranchal Pariwar.



- **Veerangana'19**

Veerangana'19 was the first annual fest of Paakhi and was organized on 9th March 2019. The guest speakers of the event, Shri Sanjay Mishra (Chevening Scholar) and Smt Lotty Alaric (actor and writer) spoke on our theme, “Gendered Media: The Role and Responsibility of Media in empowering women ”. Media amplifies women's voices, highlights their achievements, and addresses issues like gender-based violence. Responsible media can challenge stereotypes, inspire change, and foster a more inclusive and equitable society. And Paakhi succeeded in getting the message through. Three competitions followed the talk and it was an honor to have our principal sir announce the results.



The first session of Paakhi was nothing short of a miraculous display of the unprecedented outcomes people can achieve when they come together for a cause dear to them. Women's unique perspectives, skills, and leadership enhance innovation and social progress. Gender equality, recognizing women's value, is crucial for achieving a more equitable and prosperous future for all. Paakhi understands this and dreams of a future where men and women both get their dues and act as an equal driving force in the world