

**SRI AUROBINDO COLLEGE**  
**University of Delhi**

June 20, 2022

**NOTICE**

This is to inform all faculty members, non-teaching staff and students of the College that the 8<sup>th</sup> International Yoga Day will be organized on 21.06.2022 at 9.00 a.m. in the Seminar Hall of the College. All are requested to attend the same.



20/06/2022  
**PRINCIPAL (OFFG.)**



# SRI AUROBINDO COLLEGE UNIVERSITY OF DELHI



## DEPARTMENT OF PHYSICAL EDUCATION 8<sup>th</sup> INTERNATIONAL YOGA DAY -2022

### OUR RENOWNED SPEAKERS



**Ms. Anu Chopra**  
Health and  
Nutritionist, YMCA

(16<sup>th</sup> June 2022)

Online Mode  
5:30 to 6:30 pm



**Dr. Ajay Kumar Shastri**  
Yoga Expert  
Jawaharlal Nehru University,  
Delhi

(17<sup>th</sup> and 20<sup>th</sup> June ,2022)

Online Mode  
5:30 to 6:30 pm



**Dr. Dheeraj Khajuria**  
Assistant Prof.  
Govt. Ayurvedic College,  
Jammu

(18<sup>th</sup> June 2022)

Online Mode  
5:30 to 6:30 pm



**Maharishi Rajesh Yogi**

Founder,  
Aarogyam Research Foundation

(21<sup>st</sup> June 2022)

Offline Mode  
9:30 to 11:00 am

**Prof. Vipin Kumar Aggarwal**  
Principal

**Dr. Anjali Bhatnagar**  
Convenor, Sports  
Committee

**Dr. Susheel Kumar**  
Director Phy.Edu.