

## Project: We Heal

Presents

# Nav-उदय: एक नई शुरुआत

—A MEGA EVENT—

Presents an interactive session on

## **DETOXIFICATION: SPEAKING HEALS**



**MRS. TANYA CHADHA KHURANA**

Founder, My Safe Circle  
Mental Health Wellness Expert  
Social Activist  
The Diana Award Winner 2019  
Gender Champion  
UNV Award Winner 2021



**31st January 2022**



**11:00 A.M**



**Seminar Hall**

Prof. Vipin Kumar Aggarwal  
Principal

Prof. Subhanjali Chopra  
NSS Programme Officer

Anurag  
NSS President  
(8127367595)